FORTY-FIVE EMPLOYEES WITH 40 YEARS OF SERVICE WERE HONORED AS DISTINGUISHED SHIPBUILDERS AT A BANQUET HELD EARLIER THIS MONTH TO RECOGNIZE THEIR CONTRIBUTIONS TO ELECTRIC BOAT AND THE NATION’S DEFENSE. SEATED, FROM LEFT, ARE ANTHONY ALFIERI, LEE SHIRLEY, WILLIAM MAY, WILLIAM GIUSTINI, DONNA D’AMICO, SANDRA GOODE-FERGUSON, PAULA STAUFAFFER, IZOLA GEORGE, CLIFFORD DUTRUMBLE AND STEVEN BUCKINGHAM. IN THE MIDDLE ROW ARE, FROM LEFT, HOWARD HOXIE, CHARLES CONSTANTAKOS, DARRYL ALLEN, JOHN RODOLICO, JEROME HATFIELD, MICHAEL DEGRAZIO, LAWRENCE MAGEE, EDWARD FREEMAN, SALVATORE VLAUN, BRIAN THORP, ROY GUTHRIE, TIMOTHY HOLMES AND DERRICK COX. IN THE TOP ROW ARE, FROM LEFT, ALBERT WHIPPLE, LELAND MILLER, EDWARD LAPLANTE, STEVEN CHRISTINA, BARRY RUMERY, RAYMOND SLEZYCKI, JONATHAN HILDEBRAND, WILLIAM NEWTON, JOSEPH BRUNO, ALFRED HENRY AND ROBERT TEFFT. HONOREES NOT IN PHOTOGRAPH: BRIAN ALGER, EDWARD BADESSA, PHILIP BEAUSOLEIL, JONATHAN BRYANT, WILLIAM CURRAN, ERIC DUCHARM, STANLEY GOUCHER, LINWOOD LATHROP, CHARLES MILLS, COLIN THOMAS AND JOHN ZAKS

OCTOBER 2012
At a ceremony hosted by President Kevin Poitras, six Electric Boat engineers were honored for their professional and community contributions.

Recognized were:

**KIMBERLY MCLEAN**, a principal engineer in Dept. 604

**ARAM MEAD**, a senior engineer in Dept. 437

**KAMAL MOHAMED**, an engineer I in Dept. 448

**TERESA TUCCHIO**, an engineering specialist in Dept. 454

**SHANE WILLIAMS**, an engineering supervisor in Dept. 454

**PRIYA WING**, a senior engineer in Dept. 496.

The event in the Technology Center’s 10th floor conference room was held specifically to celebrate the selection of the engineers for awards by outside organizations.

Five of the six honors were awarded by the Career Communications Group. The organization recognizes technologists who have demonstrated excellence in science, engineering and technology, leadership in their communities and a commitment to help recruit and train minority members in company’s across the nation.

**MEAD** and **WING** received Modern Day Technology Leader Awards.

**MOHAMED** and **WILLIAMS** were selected for the Science Spectrum Trailblazers Award and

**TUCCHIO** was named a winner of the Women of Color Career Achievement Award.

**MCLEAN** was selected by the Connecticut Women of Innovation for that organization’s Community Innovation and Leadership Award for her work to encourage Girl Scouts to explore science, technology, engineering and math.

“You should be proud of yourselves for the effort, drive and determination you’ve brought to bear to attain this level of recognition,” said Poitras during the EB recognition event. “You’ve demonstrated you’re on the right path. So keep at it. Keep pushing forward with the same intensity that’s defined your careers up to now.”
Groton fitness director Annmarie Pagan administers a body-mass index test to Nicole Desjardins (355) during the Women’s Health Day Event held earlier this month in Groton, which attracted 271 employees. Two days later, the Health Fair moved to the New London Office, where 188 employees participated. The events featured screenings for cholesterol, blood pressure, massage therapy, glucose testing and body-fat / BMI analysis in addition to bone-density scans, dietitians, and other vital women’s health information by local hospitals and outreach organizations. Included in the Building Better Health Women’s Health Initiative were visits to Groton and New London by the Yale-New Haven Mobile Mammography Van, which conducted 82 mammography screenings.

AND THE RESULTS ARE . . .

For reasons of naval tradition submarines are usually referred to as “boats” rather than as “ships,” regardless of their size.

Source: http://en.wikipedia.org/wiki/Submarine
On a cool and cloudy Saturday in late September, more than 2,500 employees, family members and Navy personnel filed into Electric Boat’s New London Office for the facility’s first open house.

Once inside, the visitors had the opportunity to tour the spaces occupied by some 2,800 engineers and designers dedicated to the production of nuclear submarines. On display throughout the day was the sense of pride and responsibility these employees take in their work.

Some 100 employees helped ensure the success of the event by volunteering to explain the various displays, demonstrations and exhibits and provide general staff support.

One of the most popular attractions was on the outside patio on the 6th floor of Tower C, where Photo Services took family and group portraits with the Groton shipyard in the background.

These photos have been posted on the external website and are available for download.

The URL is: http://www.gdeb.com/New_London_Open_House_2012/
Navy Awards Electric Boat $94 Million to Plan USS Miami Fire Restoration

The U.S. Navy has awarded Electric Boat a $94 million contract for advance planning and preliminary execution of fire-restoration efforts on USS Miami (SSN-755).

The USS Miami was damaged in a fire in May while it was in dry dock at the Portsmouth Naval Shipyard in Kittery, Maine, for a 20-month engineered overhaul. The fire-restoration efforts include assessment and analysis, planning and material procurement, fabrication and initial installation, and are expected to be completed by June 2013. The contract includes an option which, if exercised, would bring the cumulative value to $100 million. Approximately 300 Electric Boat employees will be involved in the work, which will be done in coordination with the ongoing engineered overhaul of USS Miami at Portsmouth Naval Shipyard in Kittery.

Bath Iron Works Receives $39 Million for DDG 1000-Class Services

BATH, Maine

The U.S. Navy has awarded General Dynamics Bath Iron Works a $38.9 million modification to a previously awarded contract to perform class and engineering services associated with the detail design and construction of DDG 1000 Zumwalt-class ships.

Bath Iron Works will continue to provide manufacturing support services such as engineering, design, production control, accuracy control and information technology. Other class-support efforts include program management, contract and financial management, procurement and configuration/data management. The original contract was awarded in September 2011. Work is expected to be completed by October 2013.

BIW President Jeff Geiger said, “With all three Zumwalt-class ships now under construction, this award demonstrates the Navy’s continued confidence in Bath Iron Works. The contract enables us to continue supporting the construction of DDG 1000-class ships and allows us to maintain the critical shipyard skills needed to efficiently produce them. Zumwalt (DDG 1000) is over 60 percent complete and we are leveraging what we’ve learned in building the lead ship to support our DDG 1001 and 1002 construction efforts. We remain focused on delivering high-quality, affordable Bath-built ships to the U.S. Navy.”

The DDG 1000 Zumwalt-class destroyer is the U.S. Navy’s next-generation, guided-missile naval destroyer, leading the way for a new generation of advanced multi-mission surface combat ships. The ships will feature a low radar profile, an integrated power system and a total ship computing environment infrastructure. Armed with an array of weapons, the Zumwalt-class destroyers will provide offensive, distributed and precision fires in support of forces ashore.

U.S. Navy Awards Electric Boat $459 Million for Nuclear-Sub Support Work

GROTON, Conn.

The U.S. Navy has awarded a $459 million contract modification to Electric Boat to provide planning yard work and engineering and technical support for nuclear submarines. Under the terms of this award, Electric Boat will provide design, engineering and logistics support and research and development activities for active U.S. submarines and submersibles. Electric Boat will also provide information services and support submarine maintenance and modernization activities, training and affordability/cost reduction efforts.

Initially awarded in October 2010, the contract has a potential value of approximately $1.2 billion over three years if all options are exercised.

Navy Awards $100 Million to EB for Virginia-class Sub Work

Electric Boat has received a $100.4 million contract modification by the U.S. Navy to provide lead-yard services for Virginia-class nuclear-powered attack submarines.

Under the contract, Electric Boat will develop, maintain and update design drawings and data, including technology insertions, for each Virginia-class submarine throughout its construction and post-shakedown availability periods. The contract has a potential cumulative value of $881 million through 2014 if all options are exercised and funded.
RONALD E. ALLEN (452) had been working four years at Electric Boat as a pipefitter and had just finished the apprentice program when he had an offer to join the Design force, and he walked up the hill to a new career in Building 197.

Today, Building 197 is largely vacant because so many designers and engineers have moved to EB’s New London office, but when Allen started in Design in 1966, it was not quite nine years old – newer than the New London Office is today.

“The time went by fast. I can’t believe it’s been 50 years since I started here,” Allen said.

Allen was recently honored by President KEVIN J. POITRAS and his staff at a breakfast where he received a watch and a 50-year service pin. Poitras and Allen were both in a Design golf league that was active in the 1980s, and both still play today – but Allen said these days his foursomes usually consist of EB retirees.

He said there’s no question that what has changed the most is the technology. Today everything is designed on computers. Back then, he jokes, “I was good with a pencil.”

There are more procedures to follow than when he started, as well, which means everything has to be documented and double checked to ensure no technical problems are missed, Allen said.

“Back then we could go down and sketch something up and come back, take it to a systems engineer to sign it, and get it down to the pipe shop the same day,” Allen said. “You can’t do that these days.”

Allen said his favorite jobs have always been acting as liaison, which allows him to get back into the shipyard where he started. He still gets down there from time to time, but not nearly as much as he did on the Seawolf, when he was in the yard nearly continuously.

Engineering Director RON MEDRZYCHOWSKI said Allen has always been someone his co-workers could depend on.

“I could always count on Ron, could always work with him,” Medrzychowski said. “We could always get things resolved.” He congratulated Allen on achieving the half-century mark at EB, and asked, “So, what do you think, 50 more?”

“All right a few more,” Allen said with a chuckle. “We’ll see.”

FUTURE LEADER GROUP GRADUATES NEW CLASS

For Future Leader Group graduate DAVID MACLELLAND (493), competition is an important part of improving his skills, but it is who he competes against that makes a difference.

“The only person I need to be better than is the person I was yesterday,” Macelland said. He commended Electric Boat for offering a range of leadership training programs that includes FLG. “An investment in our professional development is an investment in Electric Boat’s future,” Mcelland said.

He was one of 29 graduates who earned diplomas after completing the 14-month FLG curriculum.

“When we started all I could think was that 14 months was such a long time,” said JESSE SILVA (924), another graduate.

“Where did 14 months go? It’s funny how fast our lives go by.”

Silva said he was impressed with the broad range of departments represented within the FLG, and how much more information he was able to pick up about the company through networking with his classmates.

RAYMOND CORMIER (271) said one of the most important aspects of the training for him involved goal setting beyond what he could accomplish today or this week, establishing milestones he would like to reach in the next five or 10 years.

“The program has me looking further down the road,” Cormier said. “If you’re not setting goals, you’re not going to get there.”

STEVE LABRECQUE, director of Safety, Training and Management Development, agreed: “If I give you 15 months of training in archery, it would be useless if you didn’t have a target.”

He said more than 5,000 EB employees have completed or are enrolled in one of the professional development programs at the shipyard.

“The company thinks this is important, all the way to the president,” LaBrecque said.

He stressed to the graduates that professional development is a process that never ends, and encouraged them to seek out other opportunities to improve their skills.

LaBrecque said Stephen Covey, best known for his book “Seven Habits of Highly Effective People,” once used...
Two Virginia-class submarine modules were moved simultaneously for the first time last month between Newport News Shipbuilding and the Groton shipyard and the Quonset Point facility. The weapons module for NORTH DAKOTA (SSN-784) was loaded onto the Sea Shuttle, which is used for the two-plus-day voyage to the Groton shipyard. Right behind it was the module containing the auxiliary machine room for JOHN WARNER (SSN-785), which was headed to the Quonset Point facility. This increased shipment capacity supports the U.S. Navy’s two-submarines-per-year build rate.
By Susan Andrews, M.D.

**HEALTH MATTERS**

You probably know him as “the cat that won’t cop out when there’s danger all about.” Yes, I’m talking about Shaft, the iconic private detective from the 1970s action films of the same name. The womanizing, leather-clad, maverick P.I. was a symbol of hard-edged masculinity for a generation. But there’s much more to him than what his tough-guy exterior might suggest.

For starters, Roundtree is a breast cancer survivor. As a spokesman for what is generally considered a woman’s disease, he proves that tough men are not immune to breast cancer.

And he says that “if ‘Shaft’ can survive, there’s hope that you can as well.” Can you dig it?

Roundtree is currently an ambassador for Susan G. Komen for the Cure.

The organization Roundtree represents is part of a collaboration of national public services, medical organizations, and government groups working to promote breast cancer awareness, share information, and provide greater access to services. Collaboration members are:

- **AMERICAN CANCER SOCIETY** – dedicated to eliminating cancer as a major health problem
- **AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS** – nation’s leading group of professionals on care for women
- **AMERICAN COLLEGE OF RADIOLOGY** – medical specialty of radiologists, radiation oncologists, and medical physicists
- **THE AMERICAN SOCIETY OF CLINICAL ONCOLOGY** – professional organization for those that care for people with cancer
- **THE AMERICAN MEDICAL WOMEN’S ASSOCIATION** – voice for women’s health and advancement of women in medicine
- **ASTRAZENECA HEALTHCARE FOUNDATION** – not for profit corporation that promotes awareness and education on medical issues
- **CANCERCARE** – helps individuals cope and manage the emotional and practical challenges from cancer including counseling, educational workshops, and financial assistance.
- **MEN AGAINST BREAST CANCER** – provides support to men as care givers, as impacted by a loved one’s breast cancer, and mobilizes men to eradicate breast cancer
- **NATIONAL MEDICAL ASSOCIATION** – educational and scientific organization representing African American physicians and their patients
- **THE ONCOLOGY NURSING SOCIETY** – committed to the excellence of oncological nursing
- **PREVENT CANCER FOUNDATION** – mission is to prevent cancer through scientific research and education
- **SUSAN G. KOMEN FOR THE CURE** – global leader investing money into the breast cancer movement
- **Y-ME** – provides immediate emotional relief to anyone affected by breast cancer through the YourShoes 24/7 Breast Cancer Support Center.

Additionally, the Center for Disease Control and Prevention (CDC) is available 24/7...
to assist with saving lives and protecting people by answering questions on medical topics. The following is a sample of questions and answers by the CDC regarding breast cancer awareness.

**IS BREAST CANCER THE MOST COMMON CAUSE OF DEATH FOR WOMEN?** No, although many women get breast cancer, it is not a common cause of death. The list of causes of death in women over forty are: heart disease, stroke, lung cancer, and lung diseases. The CDC lists breast cancer as the fifth leading cause of death.

**WHAT ARE THE SYMPTOMS OF BREAST CANCER?** Initially breast cancer is small with nothing to feel and without signs and symptoms. As the breast cancer grows the look and feel of the breast can change. Symptoms include a new lump in the breast or underarm, thickening of breast tissue, irritation or dimpling to the breast tissue, redness or flaky skin on the breast or nipple, pulling, nipple discharge such as milk or blood, any change in size or shape, and pain.

**WHAT IS A MAMMOGRAM?** A mammogram is an x-ray of the breast. There is an ongoing debate about when and how often women should have screening mammograms. A minimum of a screening mammogram should be done after age 50 every two years. However, most doctors still recommend more frequent screening such as yearly after the age of 40.

Regular mammograms are the best test to find early breast cancer. Some cancer can be seen on mammogram about three years prior to being able to palpate the cancer. When breast cancer is found early, many women can live longer and healthier.

**HOW CAN I LOWER MY RISK OF BREAST CANCER?** Breast cancer risk may be lowered by:
- Controlling weight and exercising
- Knowing your family history of breast cancer
- Finding out about the risks and benefits of hormone replacement therapy
- Limiting the amount of alcohol consumed

**CAN MEN GET BREAST CANCER?** Men can get breast cancer but it is less common.

So what actions can Electric Boat employees and families take? First, ensure that all the females in your family over age 40 are getting a screening mammogram. Anyone at particularly high risk for breast cancer should seek a medical care provider for a personalized screening program.

Other resources available through the company are UnitedHealthcare cancer resource service/cancer support at 1-866-936-6002 and wellness coaching at 1-800-478-1057. These are just a few of the many options for increasing awareness and participation in maintaining your health.

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**FLG GRADS CONTINUED FROM PAGE 6**

woodcutting as a metaphor for any kind of work – you won’t make any money if you aren’t cutting wood, but if you never take time out to sharpen your saw you put in more and more effort for less and less return.

“How are you spending your time?” LaBrecque said. “What are you doing to learn from each other?”

Other graduates of FLG5 were:

- Adam Bull (400)
- Harold Daley (100)
- Stephen D’Angelo (670)
- Elaine deCiutiis (615)
- Paul Demers (453)
- Lynn Gaul (453)
- Adam Giuliano (955)
- Suzanne Goudreault (452)
- Paul Demers (453)
- Lynn Gaul (453)
- Adam Giuliano (955)
- John Satterly (275)
- Suzanne Goudreault (452)
- George Gregory (242)
- Erin Joyce (330)
- Rocco Tarulli (480)
- Ryan Kennedy (272)
- Thomas Kintz (275)
- Thomas Lewon (604)
- Ryan Weir (792)
Company Joins with MTC, MDA in Voter Registration Drive

MDA-UAW volunteers JOHN PELLI-GRINO (452), right, and CHRIS PELLIGRINO (452), second from right, provide guidance to JACOB CHARRON (613), left, and ERIC RAYMOND (449), second from left, during the recent voter-registration drive sponsored by the company, the MTC and the MDA-UAW. During the three-day drive, 250 forms were processed, including 183 filled out on-site and 67 taken home to be completed and returned. The results from this year’s drive exceeded the presidential-election year drive in 2008 when 186 forms were processed.
service awards ★★★

50 YEARS
333 Elmer E. Church Jr.
452 Peter Davichik Jr.

45 YEARS
473 James Vocolina
610 Susan A. Lathrop

40 YEARS
230 John W. Zaiks Jr.
252 Lee M. Shirley
436 Donna M. Damico
458 Jonathan R. Hildibrand
507 Alfred P. Henry

35 YEARS
201 Kevin S. Cavanagh
229 Joseph C. Francis
230 Michael R. Lelievre
242 Thomas E. Ravenelle
242 Michael E. Thompson
242 John E. Conley
243 Robert R. Gilbert
243 Stephen R. LeBlanc
243 Mark A. Lonardelli
243 Robert F. Slodjeski
251 Roger W. Smith Jr.
438 Louis G. Holewka

30 YEARS
452 Donald B. Emmons Jr.
501 Daniel Oliverio III
501 Gilbert R. Stailing
502 Martin H. Ouimet Jr.
650 Paul Retano
704 Roger A. Richard Jr.
904 Richard R. Hebert Jr.
915 Manuel Carvalho Jr.
957 Martin F. Dorgan
962 Warren E. Beaudoin

25 YEARS
355 James F. Savage Jr.
414 James E. MacGlaflin
452 Jacquelyn A. Deschamps
453 Robert C. Chalmers
453 James A. Ericson
455 Kathleen J. Doyle
456 Linda J. Choate
459 Laura L. Holmes
462 Michael B. Long
702 Carol Dunbar
705 Mark A. Darling
705 Billie Jo Sprague
903 Charles R. Godin
913 David S. Lofgren
915 Peter Fiore
915 Joseph M. Gardner

20 YEARS
412 Victoria L. Hawkins
915 Thomas L. Folco
915 James E. Matthews
921 Louis D. Renzi

EB BUSINESS ETHICS AND CONDUCT

WORKPLACE VIOLENCE

We do not tolerate violent behavior at any workplace or company sponsored gathering, whether committed by or against an employee. The following behaviors are prohibited:

▸ Making threatening remarks
▸ Causing physical injury to someone else
▸ Intentionally damaging someone else’s property
▸ Acting aggressively in a way that causes someone else to be intimidated or fear injury

Always use good judgment and promptly inform your supervisor, manager, union steward, Human Resources or Security if you observe behavior that could be dangerous or violent.

EB Ethics director FRANK CAPIZZANO (860-433-1278) is available to confidentially assist anyone with questions or issues that may relate to ethical decision making. The GD Ethics Hotline is available 24/7 and may be reached at 800-433-8442 or 770-613-6315 for international callers who wish to report an ethical violation.

Online access to the Hotline is available at www.gd.ethicspoint.com.

Remember – when in doubt always ask.
ELECTRIC BOAT SAFETY PERFORMANCE

YEAR TO DATE
SEPTEMBER 2012

GOAL ≤ 5.78
GOAL ≤ 1.80
GOAL ≤ 82.40

YTD 4.85
YTD 1.55
YTD 74.35

Recordable Injury Rate (RIR)
Lost Workday Injury Rate (LWIR)
Severity Rate (SEV)